

## RECREATIONAL PROGRAM SCHEDULE

SUMMER  
JULY 6TH, 2026- AUG 31ST, 2026



PROGRAM	AGE	PRICE PER MONTH	MON	TUES	WED	THURS	SAT
<b>JUMPSTART</b> (1hr/wk) For young athletes learning the basics of gymnastics on equipment sized just for them!	3 - 5 yrs	\$95		4:15 - 5:15 5:15 - 6:15 6:15 - 7:15		4:15 - 5:15 5:15 - 6:15 6:15 - 7:15	
<b>JUNIOR REC</b> (1.5hrs/wk) Gives our young athletes the opportunity to develop basics of gymnastics in a fun, safe environment.	6 - 8 yrs	\$129		4:30 - 6:00 6:00 - 7:30		4:30 - 6:00 6:00 - 7:30	
<b>CORE GYM</b> (2hrs/wk) Provides our athletes with the opportunity to develop their skills through progressions & physical conditioning.	9 + yrs	\$144		4:00 - 6:00 6:00 - 8:00		4:00 - 6:00 6:00 - 8:00	
<b>ELITE REC</b> (2.5/5 hrs) Designed for advanced athletes looking to improve their gymnastics skills (testing required)	10 + yrs	\$175 1x per week \$300 2x per week	4:30-7:00		4:30-7:00		



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Tristar Gymnastics Club reserves the right to cancel or make changes to any information on this brochure at any time without notice, including cancelling classes and combining classes with similar age.

The gym will be closed for recreational classes on all statutory holidays, the 2 week school holiday break in December/January and March Break.

All programs are subject to a \$45.00 Gymnastics Ontario (GO) fee