

RECREATIONAL PROGRAM SCHEDULE

SESSION 1 - FALL
SEPT 8TH, 2026- JAN 31ST, 2027
 19 WEEK PROGRAM



| PROGRAM | AGE | MON | TUES | WED | THURS | FRI | SAT | SUN |
|---|------------------|---|---|---|---|-----|--|-----|
| PARENT & TOT (1hr/wk) Introduces toddlers to gymnastics with help from Mom or Dad. | 18 mths to 3 yrs | | | | | | 9 - 10 10 - 11 11 - 12 | |
| JUMPSTART (1hr/wk) For young athletes learning the basics of gymnastics on equipment sized just for them! | 3 - 5 yrs | 4:15 - 5:15 5:15 - 6:15 6:15 - 7:15 | 4:30 - 5:30 5:30 - 6:30 6:30 - 7:30 | 4:15 - 5:15 5:15 - 6:15 6:15 - 7:15 | 4:30 - 5:30 5:30 - 6:30 6:30 - 7:30 | | 9 - 10 10 - 11 11 - 12 12:15 - 1:15 | |
| JUNIOR REC (1.5hrs/wk) Gives our young athletes the opportunity to develop basics of gymnastics in a fun, safe environment. | 6 - 8 yrs | 4:30 - 6 6 - 7:30 | 4:15 - 5:45 5:45 - 7:15 | 4:30 - 6 6 - 7:30 | 4:15 - 5:45 5:45 - 7:15 | | 9 - 10:30 10:30 - 12 12:15 - 1:45 | |
| CORE GYM (2hrs/wk) Provides our athletes with the opportunity to develop their skills through progressions & physical conditioning. | 9 + yrs | 4:15 - 6:15 6:15 - 8:15 | 4:30 - 6:30 6:30 - 8:30 | 4:15 - 6:15 6:15 - 8:15 | 4:30 - 6:30 6:30 - 8:30 | | 9 - 11 11 - 1 | |
| ELITE REC (2.5/5 hrs) Designed for advanced athletes looking to improve their gymnastics skills. (Testing required) | 10 + yrs | 6:30 - 9 | | | | | 11 - 1:30 | |



TRISTAR GYMNASTICS CLUB
 185 CLAYTON DRIVE, UNIT #1
 MARKHAM, ONTARIO
 905- 513-STAR (7827)
WWW.TRISTARGYMNASTICS.COM
ADMIN@TRISTARGYMNASTICS.COM

Tristar Gymnastics Club reserves the right to cancel or make changes to any information on this brochure at any time without notice, including cancelling classes and combining classes with similar age.

The gym will be closed for recreational classes on all statutory holidays, the 2 week school holiday break in December/January and March Break.

RECREATIONAL GYM FEES



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| | | 19 WEEK PROGRAM | 17 WEEK PROGRAM (MONDAYS ONLY) |
|-------------------------------------|---------|-----------------|--------------------------------|
| | | FULL PAYMENT | FULL PAYMENT MONDAYS ONLY |
| PARENT & TOT (1hr/wk) | 18m-3 | \$475 | |
| JUMPSTART (1hr/wk) | 3-5 | \$475 | \$425 |
| JUNIOR REC (1.5hrs/wk) | 6-8 | \$645 | \$578 |
| CORE GYM (2hrs/wk) | 9+ | \$720 | \$645 |
| ELITE RECREATIONAL | 10+ | \$875 | \$782.90 |
| | 2X/WEEK | \$1500 | |

TriStar Gymnastics Club Policies:

- All participants must pay a non-refundable \$45 Gymnastics Ontario (GO) fee. +
- TriStar Gymnastics Club has the right to change or cancel classes due to enrolment without notice (min 3 participants per class).
There are no make-up classes, refunds or credits for missed classes for any reason.
- Club members are expected to abide by Tristar's code of conduct. Tristar reserves the right to refuse service, or terminate the membership without refunds, of anyone who violates the code of conduct.
- REFUND POLICY:** Full refund minus a \$25 administration fee (with written notification of cancellation) prior to the start date of any program. From the start date to 30 days into the program, the GO fee and the first and last month's fees are not refundable but a refund of the remaining fees will be issued. If a discount rate has been given, any refund issued will be calculated based on regular monthly rates. **No refunds after 30 days from the start date of the program or if code of conduct is violated.**
- DISCOUNTS:** 5% off for another child in lesser program. When registering for a second class in the same week, \$10 off the monthly fee for that class if enrolled in the full session.

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 Instagram  [@tristargymnasticsclub](https://www.instagram.com/tristargymnasticsclub)



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Fees do not include the non-refundable \$45 Gymnastics Ontario Fee, due with every new registration as well as renewing membership in July each year. HST is included in the cost of the program.

*Due to statutory holidays, Monday classes will have 17 weeks and are discounted accordingly.