TriStar Gymnastics Club

Summer Camp 2010

July 5 – September 3*

Summer is a great time to learn new skills and have fun! At TriStar, we have awesome camps to do just that! Just give us a call at (905) 513-7827 or drop by the gym to sign up.

Gymnastics Camp

-Professional, caring and certified coaches.
-Theme days (pyjama day, popcorn day etc), arts, crafts and outdoor activities.
-Fun on all gymnastics apparatus including Trampoline!
-Girls and boys ages 3 (toilet trained) and up are welcome.
-Swimming once per week

Fees: Weekly $199/week for full-days 9:00-4:00**
$160/week for half-days 9:00-12:00 or 1:00-4:00

Week of Aug 3- 6 (4 days) - $160/week for full-day
$130/week for half-day

Individual days: $45/day for full day 9:00-4:00
$35/day for half-day 9:00-12:00 or 1:00-4:00

********Sibling discount of 5% for 2nd child and 10% for 3rd child**

Arco Camps

Intermediate -open to all girls and boys with some dance experience. –Have fun while improving flexibility, strength and coordination. –Discover new and improved acrobatic skill. –Work up a sweat on the floor, tramp and mini-tramp.

Fees: Mon-Fri $175/week 9:00-12:00**

Advanced -open to those with advanced skill in dance. -An intense workout focusing on physical preparation. –Very skill oriented -Coached by **National Coach Iuly Gershcovich!**

Fees: Mon-Fri $150/week 9:00-11:00**

What to wear: Shorts and a t-shirt or bodysuit, bare feet for gym, socks and running shoes for outdoor play, sunscreen, hat (label all items with child's name)

What to bring: **PEANUT FREE** healthy snacks and lunch (full-day only), drinks, water bottle (label all containers with child's name)

TriStar Gymnastics Club is not responsible for lost or stolen items. Please leave valuables at home.

Note:
*TriStar Gymnastics Club reserves the right to cancel camp weeks due to lack of enrolment. You will be notified in advance and fees will be fully refunded.
**There is an additional $25.00 Gymnastics Ontario fee for all members

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